

Swimming Policy

Crawley Down Village C of E School



Approved by: Quality of Education Committee

Date: 22 May 2025

Next review due by: May 2027

Swimming Policy

Why we provide swimming lessons at Crawley Down Village C of E School

To meet the requirements of the PE National Curriculum; *'All schools must provide swimming instruction either in key stage 1 or key stage 2.'*

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
 - perform safe self-rescue in different water-based situations

Additional objectives:

- To develop the personal and social development of children and their health and well-being
- To teach them a valuable life skill

How we will organise swimming at Crawley Down C of E School

Swimming sessions take place in Key Stage 2, and is timetabled as follows;

Autumn Term	Year 4
Spring Term	Year 5
Summer Term	Booster (Y5 / 6)

Swimming lessons will be in a block of 10 sessions, once a week and will last 30 minutes. Swimming lessons count as one of the classes' weekly PE lessons for that term (these may not be on their allocated PE times, and parents will be notified if there are any changes for that term).

Providing children with 2 opportunities for swimming lessons during their time in Key Stage 2, enables children to develop and improve their ability to swim and be safe in water.

Swimming and water safety are vital life skills. Booster sessions may be provided for those children that require further lessons to secure their ability.

Children are transported to the K2 Leisure Centre swimming pool in Crawley by coach.

The cost for the lessons are variable, dependent on the Leisure Centre and coach fees. **Under current legislation it must be pointed out that the contribution to the cost of swimming, which includes the lesson and transport, is voluntary. Limited financial assistance is available in certain cases, parents should contact the Head Teacher in confidence to discuss this further.**

Attendance

Swimming is a statutory part of the National Curriculum; all parents **must** ensure that their children attend all allocated lessons. Children are encouraged to be independent in terms of organising their swimming kits. Children who forget their swimming kits (a phone call will be made home to aim to get swim kit before departure) or, who cannot participate in the lesson for any reason will be required to attend and observe the lessons from the side of the pool. This is in line with the other aspects of the PE curriculum delivery. Parents of children returning from an illness that would prevent them from swimming for a short period of time must inform the school office and their class teacher by email or phone, in order that, they may be excused from the lesson. Should a child not be able to swim for an extended period of time, a Doctor's letter must be provided.

Swimming kit

- Girls should wear a one-piece swimsuit and ensure their hair is tied up.
- Boys should wear swimming trunks. Cycling shorts, or long leisure/beach style shorts are not acceptable. Long hair should be tied up.
- Swim hats are advised for both boys and girls, but not compulsory.
- Goggles are not needed for everyday swimming. It should be remembered that in the event of your child being involved in a hazardous water situation it is extremely unlikely that he/she would be wearing goggles. It is highly desirable therefore that your child learns to swim without being dependent on goggles.

Goggles, if necessary to be worn, should be adjusted prior to the lessons, staff will not accept responsibility for any loss or damage to these.

- Earrings and watches will be removed before leaving school, if they have not been removed at home.
- Provision will be made for alternative attire for minority ethnic.